

For 2022/2023

The United Way of Lunenburg County invested \$216,358 in 31 local programs We operate an additional 10 programs

Not all community members have the opportunity to create a vibrant life. Many people struggle to achieve a sustainable livelihood because they have vulnerabilities that place them at risk and face barriers at accessing opportunities and support. Recognizing this, the United Way chooses to focus its efforts on individuals and groups in our community that are vulnerable to a variety of social and systemic barriers. Priority populations in a community vary according to local circumstances, but often include people dealing with or at risk of poverty, abuse or stigmatization related to race, country of origin, culture, disability, age or sexual orientation. The United Way of Lunenburg County directs funding to the following focus areas: All That Kids Can Be, Poverty to Possibility and Healthy People, Strong Communities.

ALL THAT KIDS CAN BE programs received funding totaling \$117,650

The United Way is giving children and youth the support they need to get a great start in life, do well in school, and reach their full potential.

Helping kids participate in sport, recreational or cultural activities - \$16,750

PRO Kids Town of Bridgewater
PRO Kids Municipality of Lunenburg
YMCA Youth Activity and Sport Programs
Bikes for Kids - Over 450 bikes given away to kids of financially stressed families
FREE LCLC swimming and skating passes for financially stressed families every year
FREE used sports equipment exchanges (hockey and soccer)

Providing a safe place for youth to grow and socialize - \$44,000

Better Together Family Resource 4H Clubs (3)
Musical Friends at St. Stephen's Anglican Parish in Chester
New Ross Community Centre After School Program
YMCA King Street Youth Centre and Leadership Program

Helping our communities' vulnerable youth - \$5,000

Big Brothers Big Sisters In School Mentoring

Helping families who are food insecure - \$34,400

RootED School Food Project
Schools Plus Crock Pot Cooking Program
Schools Plus Food for Thought Weekend Food Program

Helping children and youth with special needs - \$11,500

HB Studios Snoezelen Subsidized Subsidy Usage Passes
Hinchinbrook Farm Volunteer Training

Sexual Health Information and Support - \$6,000

Sexual Health Centre – Summer Openings

FROM POVERTY TO POSSIBILITY programs received funding totaling \$22,500

The United Way is helping to meet the basic needs of our community's most vulnerable people, giving every Canadian the opportunity to realize a better future.

Basic income maintenance support programs - \$22,500

Society of Saint Vincent de Paul Helping Neighbours-in-Need Program
Schools Plus School Fuel Transportation Support Program



Providing life changing opportunities for people living on low income – These are \$0 cost programs

Free Recreational Passes for low-income individuals with mental health issues.
Free iPhones for vulnerable low-income individuals. (278 since May 2017)
Free iPhones for nursing home music therapy programs. (30 since May 2017)
Free laptops for vulnerable low-income individuals. (32 since May 2017)
Coats for Kids – Teens and Adults Too (Because everyone deserves to be warm in winter.)

HEALTHY PEOPLE, STRONG COMMUNITIES programs received funding totaling \$75,708

The United Way is helping to create vibrant neighbourhoods, where everyone experiences a sense of belonging and connection to one another.

Helping to create inclusive community spaces - \$12,985 (The family that plays together, stays together.)

O'Regan Subaru Outdoor Pool / Bridgewater Outdoor Pool Free Swims
Free Skates to borrow at the LCLC (Free to anyone who needs them.)
Free Skating Helmets to Borrow at the LCLC
HB Studios Sports Centre Accessibility Program
Through the Years Community Centre – Superheroes United

Connecting people and communities through transportation networks - \$12,500

Senior Wheels
Chester Community Wheels

Talking about mental health - \$6,000

Our Health Centre – Thrive Mental Health Program

Helping to keep our seniors safe and in their homes - \$36,163

Lunenburg County Senior Safety Coordinator
Lunenburg County Senior Safety Program – Emergency Contingency Fund
Plow it Forward – Rake it Forward – Mow it Forward - Stack it Forward – volunteer to help a senior
South Shore Regional Library Caring Call Reaching Out Program
VON Meal Support and Delivery Program
YMCA Home Grocery Delivery Service

Providing new experiences to adults and seniors - \$6,300

Bonnie Lea Farm The Magic of Music
Hillside Pines for Special Care Virtual Reality (VR) system
Shoreham Village Montessori Method Therapeutic Tools

Helping to provide information and resources - \$2,260

211 Information and Referral **211**

Making positive things happen in Lunenburg County takes more than good intentions and the contributions of a few. It takes everyone doing what they can because everyone shares in the benefits of a happy, healthy, and safe community where no one is left behind.

To find out more about how the United Way of Lunenburg County is putting your donations to work helping Lunenburg County kids, youth, families, women, seniors and communities, to see our community impact videos, to see the requirements necessary to obtain a grant, to sign up for our e-newsletter and/or to make a secure online donation please visit our website at www.lunenburgcounty.unitedway.ca. Please direct questions to office@lunenburgcounty.unitedway.ca.