

Emergency Community Support Funding (ECSF)  
Round 2 November 2020  
Funded Programs

Funded by the Government of Canada.  
Administered by the United Way of Lunenburg County



**RootED School Food - Lunenburg and Queens Food Delivery Support**

The COVID pandemic has added additional cost to schools as they try to feed the students while adhering to the rules set out by Public Health. This grant will help the schools purchase the various equipment adaptations needed because of Covid-19 and provide free/equity meals to those that need them most.

**Hinchinbrook Farm PPE**

COVID-19 protocols require the purchase of materials and equipment that is outside of their normal budget. This includes the normal items such as disinfectant and wipes, but also required the purchase of digital thermometers and extra riding equipment due to the more stringent requirements of not sharing helmets, changing saddle pads for every rider, etc.

**Healthy Family Meal Kit Delivery Lunenburg and Queens Counties**

One in four residents in Lunenburg Queens County live with food insecurity The YMCA of Southwest Nova Scotia in partnership with South Shore Health Partners (Schools Plus, Freeman House and CNNS Rural Aboriginal Homeless Project in Nova Scotia Early Childhood Development and Intervention Services – South Shore Region) recognize that communities are crucial for developing solutions and creating positive change. The YMCA is proposing a short-term solution for long term gain to empower youth and young adults of Lunenburg County called Healthy Family Meal Kit Delivery Service - Home Cooking.

This community initiative will provide enough groceries for three meals per kit (breakfast, lunch, and dinner) per household a pantry staples box a cookbook with recipes and access to instructional cooking videos.

The current proposal before the Nova Scotia health authority will enable the YMCA to support 55 youth, young adults and their families The United Way addition will allow up to 30 additional youth, young adults families to be serviced.

## **Our Health Centre – Food Box Challenge**

This program targets Families and Seniors in the Chester Municipality with food insecurities made worse because of COVID restrictions. This is slightly different from our previous help to people with food insecurities because it encourages participants to try new affordable plant-based recipes that are delicious but outside their normal meal concepts.

The Great Food Box Challenge” will leave boxes of healthy food along with a recipe at the Food Bank for people to try out. Our advertising will challenge participants to give a new recipe a try. In the Food Box will be all the materials needed for the meal, from vegetables to spices, a recipe and the cost of the meal. The cost of the meal is very important as it demonstrates just how affordable a delicious healthy meal can be. Also, in the box will be a note about the cooking workshops and safe serenading and encouragement to contact “Growing Friends” for more boxes (up to 2). We will send some boxes to the previous clients of the food basket program. There are, however, a few clients for whom a food basket is the only answer because they cannot cook (one man was living in his car), but predominantly we will encourage that they try new recipes.

## **VON Lunenburg County - Adult Day Program Lunenburg**

This funding will help create a safe environment for our Adult Day Programs in Lunenburg County during the Pandemic. VON Adult Day programs provide a safe community for adults with dementia and persons with disabilities. Financial support will provide client kits for each of their 25 clients. These kits will include quality adult puzzle & coloring books, craft supplies, individual exercise equipment and individualized seating. The kits include therapeutic program equipment and will include music instruments, therapeutic puzzle books, crafts, therapeutic coloring books, personal exercise equipment. Included will be 10 chairs that meet COVID-19 regulations and for which they have no budget. The current chairs at the program are covered in fabric and can be a hazard because of their retention of fluids. The new chairs will be wipeable and support their elderly client’s physical needs.

## **Freeman House - Emergency COVID-19 Housing**

Throughout 2019/2020, Freeman House has been working hard to build on the integrated, cross-sector outreach capacity in our community to meet the Rights of the populations our programs serve. This request is a reflection of our neighbours' needs due to individual, community and system barriers we face together with these populations every day, that have become magnified during the COVID-19 pandemic. Many of our community members who have been experiencing invisible homelessness - previously couch surfing - are no longer permitted to “crash” due to the pandemic and social isolation. Due to this we are seeing a drastic increase in folks calling and seeking access to housing supports or emergency shelters. Our rural neighbours are expected to access emergency shelters in the city that are consistently at capacity, instead of being provided with funds for hotels or housing in their region that would promote and enable social distancing near familiar support for some of our most vulnerable.

- Access to funds for emergency shelter options within our local community

- Access to emergency transportation funds
- Access to technology for connection to school programs, community support and virtual/remote inclusion opportunities for all community members but specifically those with mental health/addictions concerns who require access to online therapeutic supports
- Access to emergency funds for telephone or internet, specifically during isolation when supports are moved online and to telehealth
- Access to emergency funds for start-up costs associated with housing,
- Access to emergency funds for food and cleaning supplies through grocery gift cards

### **Senior Safety - Safety Systems and Emergency Needs**

Money will be used to support the Client Emergency Support Fund a program designed to meet the emergency or time sensitive needs of seniors/elders in our community. This could include addressing food insecurity, personal supports, access to safe transportation, home supports.....

Money will also be used to purchase clear plastic face shields and will be given to individuals who provide care to seniors/elders with significant hearing Impairment who need to read lips. Other face masks will be provided to seniors/elders who cannot afford them.

### **Kidney Foundation - Emergency Short Term Financial Assistance Program**

The 1 in 10 people living with kidney disease as well as those living with successful kidney transplants. Currently in Lunenburg County, there are 50 people receiving dialysis treatment (3 or more times per week) and many more living with kidney disease, who do not yet require dialysis. Funds will be used to purchase gas and grocery cards to help fulfill emergency funding requests.

### **SSVP New Beds - Help for a New Beginning**

Provide certain vulnerable individuals with a newly purchased clean bed consisting of bedframe, mattress, box spring and pillows. Bed linens will come from existing collection and will accompany each bed.

### **South Shore Sexual Health - Period Packs**

This service will prioritize low income, vulnerable populations who struggle to afford essential health and well-being items including menstrual supplies. These people will be targeted through partner organizations already working with vulnerable people. The goal is to reach people who are unable to pay for monthly supplies of menstrual items. Such people may be folks leaving violent relationships, or low waged/no waged. This service directly helps people who menstruate, which is generally ages 10 to 50. It will also help those who have experienced job losses or reductions in hours as a direct result of the pandemic on the service industry which often employs girls and women.

## **Chester Art Centre - Open Studio Outreach Program**

To offer all ages opportunities to get creative across the Municipality of the District of Chester. This program is more about the creative process and socialization (with proper distancing) and will promote a welcoming inclusive environment with opportunities to share and connect with other participants. Program will be offered weekly or bi-monthly at the Chester Art Centre, OHC, Blandford Community Centre and Ross Farm Museum.

## **Category Breakdown**

<b>Food Insecurity</b>	<b>\$20,860</b>	<b>40%</b>
<ul style="list-style-type: none"><li>- RootED Lunenburg / Queens Food Delivery Support</li><li>- YMCA Healthy Family Meals Delivery for Lunenburg and Queens County's</li><li>- Kidney Foundation – Food Support</li><li>- Our Health Centre – Growing friends</li></ul>		
<b>Homelessness</b>	<b>\$18,475</b>	<b>35%</b>
<ul style="list-style-type: none"><li>- Freeman House – Emergency COVID-12 Housing</li><li>- St. Vincent de Paul – New Beds for a New Beginning</li></ul>		
<b>Socialization</b>	<b>\$6,290</b>	<b>11%</b>
<ul style="list-style-type: none"><li>- VON Adult Day Program</li><li>- Chester Art Centre – Open Studio Outreach Program</li></ul>		
<b>Emergency Support</b>	<b>\$3,165</b>	<b>6%</b>
<ul style="list-style-type: none"><li>- Senior Safety Program</li></ul>		
<b>PPE and Health</b>	<b>\$4,145</b>	<b>8%</b>
<ul style="list-style-type: none"><li>- Hinchinbrook Farm</li><li>- Senior Safety Program</li><li>- Sexual Health – Period Packs</li></ul>		

If you have any questions or require additional information, please do not hesitate to ask

Michael Graves

Coordinator

The United Way of Lunenburg County

[office@lunenburgcounty.unitedway.ca](mailto:office@lunenburgcounty.unitedway.ca)

902-530-3072 (voice mail) 902-521-4704 (cell)